

MENU ALLERGEN INFORMATION

UPDATED 07.04.2024

*We have marked some of our menus with red notes indicating if they can be made:
Vegan Friendly (our Sourdough is Vegan Friendly) AND/OR Gluten Free (we provide Gluten Free Bread)*

SMALL PLATES - WHILE WE HAVE GLUTEN FREE OPTIONS AVAILABLE AND TAKE CARE TO PREPARE YOUR GLUTEN FREE ITEMS – OUR ENVIRONMENT IS NOT GLUTEN FREE

Prawn Pil Pil CAN BE MADE GLUTEN FREE – WITH GF BREAD

Prawn: Crustacean 2, Fish 4, Dairy 7

Sourdough: Gluten (wheat) 1

Tomato Bruschetta

Sourdough: Gluten (wheat) 1

Tomatoes:

Basil Pesto: Nuts (pinenuts) 8

Chicken Wings GLUTEN FREE

Hot Sauce: Dairy 7, Sulphites 12

Blue Cheese Dressing: Dairy 7

Pickled Red Onion: Sulphites 12

Celery: Celery 9

Meadowfield Goats Cheese Filo Basket

Gluten (Wheat) 6, Eggs 3, Dairy 7, Sulphites 12, Mustard 13

Homemade Soup CAN BE MADE GLUTEN FREE – WITH GF BREAD / VEGAN SOUP AVAILABLE WITH VF Bread

Soup: Dairy 7, Celery 9

Brown Bread: Gluten (wheat) 1, Dairy 7, Sulphites 12

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LARGE PLATES

Yellowbelly Beer battered Haddock, House Fries, Mushy Peas and Homemade Tartar Sauce

Haddock: Gluten (Wheat) 1, Eggs 3, Fish 4

Beer Batter: Cereals Containing Gluten (Malt, Wheat, Barley) 1, Sulphite 12

Mushy Peas: Dairy 7

Tartare Sauce: Egg 3, Mustard 10, Sulphites 12

Salad: Mustard 10

Market Fish of the Day

Please Ask Your Server

Macamore Burger CAN BE MADE GLUTEN FREE – WITHOUT BURGER BUN

Bun: Eggs 3, Gluten (wheat) 1, Dairy 7.

Cheddar: Dairy 7

Apple Chutney: Mustard 10, Sulphites 12

Mayonnaise: Eggs 3, Sulphites 12,

Salad: Mustard 10

Thai Green Curry GLUTEN FREE without the popadom

Curry: Crustacean 2 (traces), Fish 4, Celery 9

Popadom: Gluten (wheat) 1

Rice:

Chicken:

Prawns: Crustacean 2

Tofu: Soybean 6

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Poached Pear Blue Cheese Salad CAN BE MADE GLUTEN FREE – WITH GLUTEN FREE BREAD

Walnuts: Nuts 8, Blue Cheese: Dairy 7

Honey Mustard Dressing: Sulphites 12, Mustard 10

Sourdough: Gluten (wheat) 1

Cajun Chicken:

Tofu: Soybean 6

Salad: Mustard 10

Sides

Chargrilled Sourdough with Hazelnut Butter

Gluten (wheat) 1, Dairy 7, Nuts (hazelnuts) 8

Salad Leaves with Seeds & Honey Mustard Dressing

Mustard 10

Truffle Fries with Parmesan

Dairy 7

Desserts - WHILE WE HAVE GLUTEN FREE OPTIONS AVAILABLE AND TAKE CARE TO PREPARE YOUR GLUTEN FREE ITEMS – OUR ENVIRONMENT IS NOT GLUTEN FREE

Sticky Toffee Pudding, Sticky toffee sauce, Vanilla Ice cream

Sticky Toffee Pudding: Gluten (wheat) 1, Dairy 7, Sulphites 12, Eggs 3

Sticky Toffee Sauce: Dairy 7, Sulphites 12

Vanilla Bean Ice-cream: Dairy 7, Eggs 3

Crème Brûlée

Crème Brûlée: Eggs 3, Dairy 7

Blackberry Compote:

Shortbread Biscuit: Gluten (wheat) 1, Dairy 7

Vegan Oreo Brownie

Brownie: Gluten 1, Nuts (Almond Milk) 8

Vanilla Bean Ice-cream: Dairy 7, Eggs 3

White Chocolate & Raspberry Bread & Butter Pudding

Pudding: Gluten (wheat) 1, Egg 3, Dairy 7

Vanilla Bean Ice-cream: Dairy 7, Eggs 3

Spiced Orange & Cointreau Cheesecake

Cheesecake: Gluten (wheat) 1, Eggs 3, Dairy 7, Sulphites 12

Selection of Sorbets VEGAN FRIENDLY